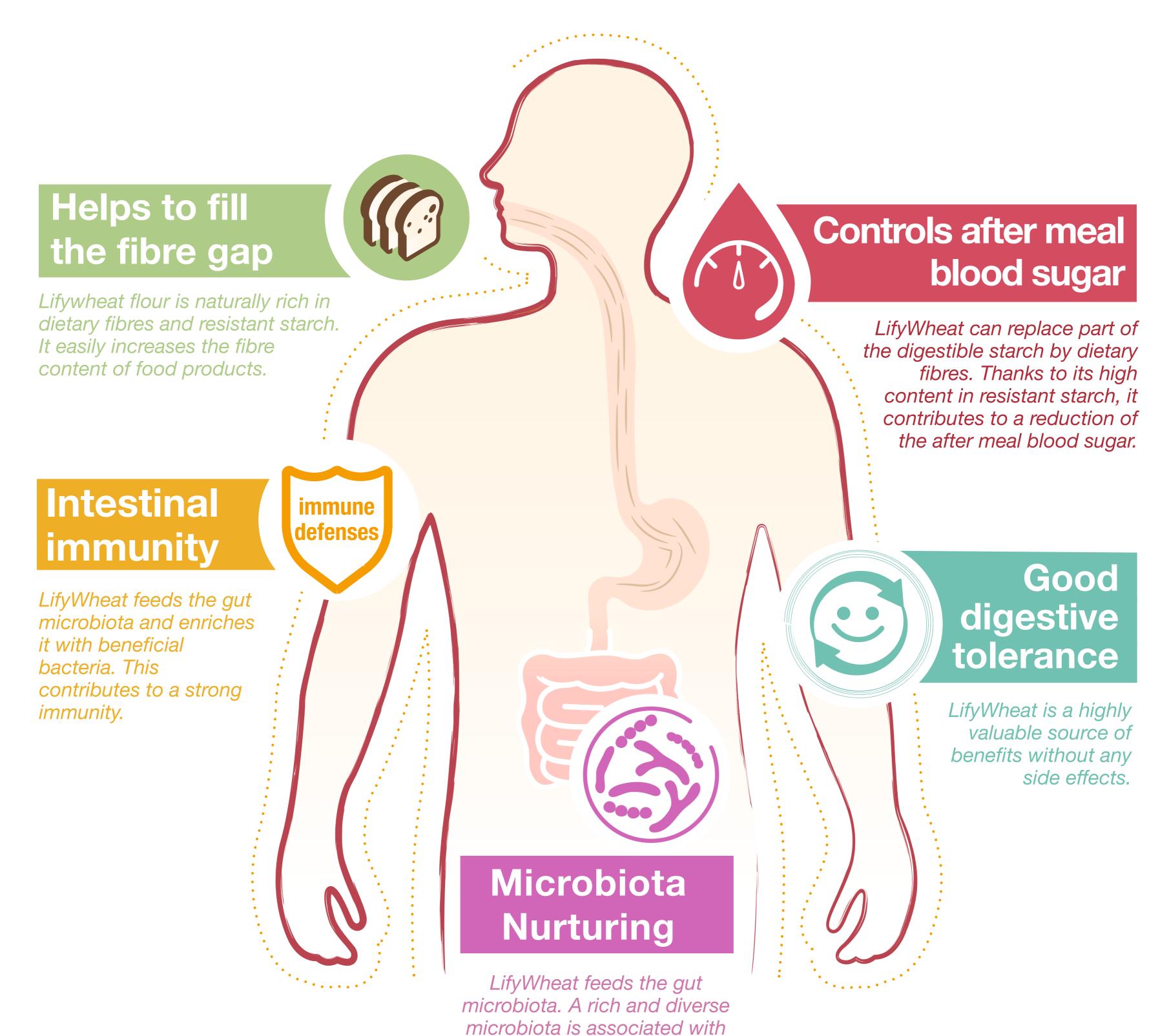# LifyWheat
## High fibre inside

# "Eat fibre, Feel better"
## The health benefits LifyWheat confers to food products

## Helps to fill the fibre gap

*Lifywheat flour is naturally rich in dietary fibres and resistant starch. It easily increases the fibre content of food products.*

## Controls after meal blood sugar

*LifyWheat can replace part of the digestible starch by dietary fibres. Thanks to its high content in resistant starch, it contributes to a reduction of the after meal blood sugar.*

## Intestinal immunity

**immune defenses**

*LifyWheat feeds the gut microbiota and enriches it with beneficial bacteria. This contributes to a strong immunity.*

## Good digestive tolerance

*LifyWheat is a highly valuable source of benefits without any side effects.*

## Microbiota Nurturing

*LifyWheat feeds the gut microbiota. A rich and diverse microbiota is associated with better health.*

# Limagrain
## Ingredients